



## Aussie Soap Supplies®

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# Melt and Pour Soap Kit Oatmeal and Honey

### Included in this Kit

- 1 x 1kg Oatmeal Natural Melt & Pour Soap Base
- 1 x Oatmeal or Honey themed Mould (as selected)
- 2 x 10ml Bramble Berry Fragrances Oils with in-built Dripolators  
or
- 2 x 10ml Essential Oils with in-built Dripolators
- This PDF Flier!

*You need to supply:*

*Your favourite Honey! Approximately 1 tablespoon; whether it is Wildflower, Manuka, Eucalyptus or Supermarket variety, all are good as they are all soothing and have humectant qualities.*

### Fragrance Choices

- Beeswax and Honey
- Honey Ale
- Oatmeal Milk and Honey Fragrance
- Oatmeal Stout
- Saffron and Honey
- Bergamot Essential Oil
- Lavender Essential Oils
- Lemon Essential Oil
- Lime Essential Oil
- Rose Geranium Essential Oil



### Equipment

Stirring spoons or spatulas  
1 microwave safe jug - needs to hold 500ml or more  
Electronic Scales are useful but not essential  
A Thermometer is useful, but not essential

If you have the three cavity oatmeal theme mould in this kit, to fill all three cavities in one melt, weigh 350g of Soap, which is just enough Soap to fill this mould. TIP: If you want to make smaller guest sized bars, melt 180g and just *half fill* the mould cavities, and you'll double the quantity of soaps you make.

If you selected a different mould, just check the website for the size of each cavity, and multiply this by the number of cavities to work out how much soap to melt.

You can also view instructions for this kit online in our formulary:

<http://www.aussiesoapsupplies.com.au/recipe-formulary/melt-pour-soap-information-tutorials-recipes/melt-pour-soap-recipes/oatmeal-melt-pour-soap-instructions-kit.html>

**Method (based on filling 3 x Oatmeal Mould cavities):**

1. Set out the ingredients, mould and equipment
2. Dice enough soap base into small ice cube sized chunks to suit one pour in your chosen mould and in the microwave jug (For instance, if you selected the Oatmeal Bar Mould that has 3 cavities x 115g so you weigh 350g soap base



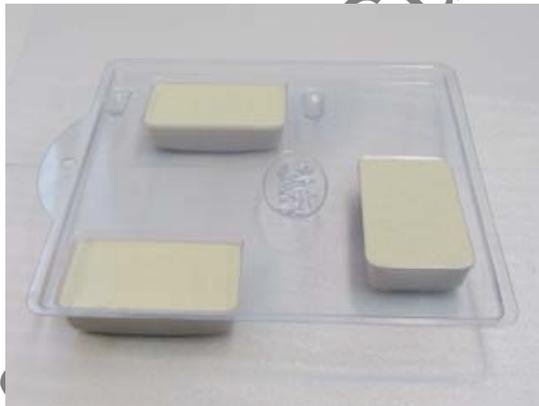
3. Place in the microwave to melt on medium or medium low. This will take a couple of minutes, so do keep an eye on it to ensure it doesn't overheat. Try heating in bursts of 30 seconds, then stir, check and redo
4. Remove the liquid Melt & Pour Soap from the microwave and stir well to remove any lumps
5. Add a teaspoon of liquid honey and stir through well to combine
6. Now add 3g/ml (approximately 70 - 90 drops) of Oatmeal, Milk & Honey fragrance (or your selected scent) and stir well to combine. We suggest you use up to 30 drops per soap, so for 3 soaps you can use up to 90 drops.
7. Important: To ensure the oatmeal doesn't sink to the bottom (see picture below) check the temperature if you can, the optimum pouring temperature is 45 – 50°C. It's no problem if you pour hotter, but the oatmeal will settle more into the design on top of the mould, rather than evenly through



- Carefully pour into the mould cavities. As you have an exfoliant, it's a good idea to half fill each cavity, then go back and top up



- Allow several hours to set up completely before attempting to unmould. If you try to hurry unmoulding with Melt & Pour Soap by using the fridge or freezer, it will lead to sweating. At room temperature, this will take a couple of hours, depending on how hot you heated the soap and how hot the ambient temperature is



- To remove from the mould, carefully run a plastic spatula around the edges of the mould cavities and then turn over and ease your thumbs across the mould from the outside to the centre and tap on the bench to allow the soap to drop out.
- Now repeat with the rest of the soap and fragrance in the kit
- If you would like to display your soaps, wrap or store in an airtight container

*For lots more information, Tutorials and Recipes, see the Recipe Formulary on our Website*  
<http://www.aussiesoapsupplies.com.au/recipe-formulary>

We also recommend reading through our Melt & Pour FAQ!

